



INYA PROJECT

ERASMUS-SPORT-2023-SSCP
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The InYa project is a groundbreaking initiative focused on deepening our understanding of the behavior, functioning, and emotions of young people facing challenges such as autism, ADHD, and other lesser-known diagnoses in the realm of sports.

INYA GOALS

- 1** To obtain the experiences and needs of invisible young athletes through interviews with parents, athletes, coaches and experts.
- 2** To exchange practical knowledge, share, compare, and introduce innovations in methodology among the participating experts.
- 3** To increase the possibility of clubs cooperating with experts from other fields such as special pedagogy, developmental clinic, psychology, and education.

- 4** To define inclusion of invisible young athletes in sport.
- 5** To develop tools to motivate invisible young athletes to stay in sport and make sport a way of life.
- 6** To promote the inclusive judo approach across the EU.
- 7** To organize Inclusive Sports Camp where children of diverse abilities can participate in sports activities together. There, we want to develop diverse abilities of children through movement, play, self-expression, music, and interaction with animals and nature. We believe that this experience will motivate them to stay in sports without the need for competition.

PARTNERS:



SENSEI-IN judo club
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Judo club for people with disabilities Fuji
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